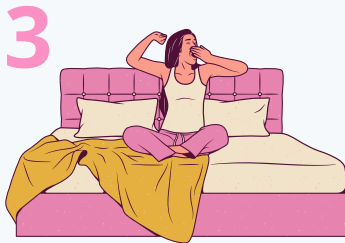


VOCABULARY PRACTICE A1

DAILY ROUTINES

1. Match the routine with the picture (write the number).

1. ___ wake up
2. ___ get up
3. ___ get dressed
4. ___ brush your teeth
5. ___ have breakfast
6. ___ go to work
7. ___ have lunch
8. ___ have dinner
9. ___ watch TV



2. Fill in the blanks with the correct verb.

Use: wake up – get up – have breakfast – go to work – have lunch – have dinner – watch TV – brush my teeth – get dressed

Example:

At 7:00 I wake up.

1. At 7:15 I _____.
2. At 7:20 I _____ and _____.
3. At 7:45 I _____.
4. At 8:30 I _____.
5. At 12:30 I _____.
6. At 19:00 I _____.
7. At 21:00 I _____.

3. Write your daily routine. (5–6 sentences)

Use time + activity.

Example:

- I wake up at 6:30.
- I get up at 6:40.
- I have breakfast at 7:00.
- I go to work at 8:00.
- I have lunch at 12:00.
- I have dinner at 19:00.
- I watch TV at 21:00.

Now you try:

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.

4. Write the times in words.

Example: 7:30 → half past seven

1. 6:00 → _____

2. 6:30 → _____

3. 7:15 → _____

4. 8:45 → _____

5. 12:10 → _____

6. 19:35 → _____

5. Put the sentences in order (1-7).

___ I watch TV in the evening.

___ I get dressed.

___ I have breakfast.

___ I go to work.

___ I have dinner.

___ I wake up.

___ I brush my teeth.

6. Choose the correct option.

1. I _____ at 7:00.

2. a) get dressed b) wake up

3. I _____ at 7:10.

4. a) get up b) have dinner

5. I _____ at 7:30.

6. a) have breakfast b) brush my teeth

7. I _____ at 8:00.

8. a) go to work b) have lunch

9. In the evening I _____.

10. a) watch TV b) have breakfast

7. Rewrite the sentences with the correct time.

Example:

I have dinner at 18:00. → I have dinner at six o'clock.

1. I wake up at 5:30. → _____
2. I get dressed at 7:20. → _____
3. I have lunch at 12:30. → _____
4. I brush my teeth at 22:00. → _____
5. I watch TV at 21:40. → _____

9. Daily routine questions – Answer for yourself.

1. What time do you wake up?
2. → _____
3. What time do you get up?
4. → _____
5. What time do you have breakfast?
6. → _____
7. What time do you go to work?
8. → _____
9. What time do you have dinner?
10. → _____
11. Do you watch TV in the evening?
12. → _____

Reading:

A Busy Day

My name is Daniel, and my days are usually very busy.

I wake up at 6:15, but I often stay in bed for a few minutes because I feel sleepy.

At 6:25 I get up, brush my teeth, and get dressed.

After that, I have breakfast. I usually eat toast and drink a cup of coffee.

I go to work at 7:30.

I work in an office, so I sit at a computer most of the day.

At 12:45 I have lunch with my colleagues. We sometimes talk about our families or our weekend plans.

I finish work at 17:00 and go home.

In the evening, I have dinner with my wife.

Sometimes we watch TV, but other days we prefer to read or go for a walk.

At around 22:30 I go to bed because I need to get up early the next day.

Comprehension Questions

1. What time does Daniel wake up?
2. → _____
3. Why does he stay in bed for a few minutes?
4. → _____
5. What does he do after he gets up? (Write 2-3 activities.)
6. → _____
7. What time does he go to work?
8. → _____
9. Who does he eat lunch with?
10. → _____
11. What does Daniel sometimes do in the evening?
12. → _____
13. What time does he go to bed?
14. → _____